

Special Diet Meals are
all Gluten Free & Dairy
Free

The Hungry Tree

Special Diet

WEEK 1

W/b 31st Aug, 21st
Sept, 12th Oct, 9th
Nov, 30th Nov

MONDAY

Jacket Potato & Ham

And

Fruit Crumble (S)

TUESDAY

Curry & Rice (S)

And

Fruit & Yogurt (S)

WEDNESDAY

Chicken Roast Dinner

And

Chocolate Dessert (S)

THURSDAY

Bean Pasta Bake (S)

And

Fruit salad

FRIDAY

Battered Fish & Chips (F)

And

Yogurt (S)

WEEK 2

W/b 7th Sept, 28th
Sept, 19th Oct, 16th
Nov, 7th Dec

MONDAY

BBQ Pulled Chicken & Rice (S)

And

Fruit & Yogurt (S)

TUESDAY

Vegetable Pizza (S)

And

Melon Wedges

WEDNESDAY

Chicken Roast Dinner

And

Fruit & Vanilla Dessert (S)

THURSDAY

Fish & Chips (Sul)(S)

And

Fruit Crumble (S)

FRIDAY

Jacket Potato & Beans

And

Jelly Pot

WEEK 3

W/b 14th Sept, 5th
Oct, 2nd Nov, 23rd
Nov, 14th Dec

MONDAY

Tomato & Herb Pasta (S)

And

Fruit & Yogurt (S)

TUESDAY

Cottage Pie

And

Cucumber & Dip (S)

WEDNESDAY

Chicken Roast Dinner

And

Fruit Crumble (S)

THURSDAY

Chicken Wrap (S)

And

Chocolate Dessert (S)

FRIDAY

Fish Fingers & Chips (F)

And

Fruit & Yogurt (S)

All main meals served with vegetables. Fruit can be ordered as an alternative to the pudding.

Allergens: Contains (N) Nuts; (P) Peanuts; (M) Milk; (S) Soya; (Mus) Mustard; (L) Lupin; (E) Eggs; (F) Fish; (SF) Shellfish; (G) Gluten; (SS) Sesame Seeds; (C) Celery; (Sul) Sulphur Dioxide or Sulphites; (Cru) Crustaceans; (Mol) Molluscs; (O) Oats

