

The Hungry Tree

WEEK 1

W/b 31st Aug, 21st Sept, 12th Oct, 9th Nov, 30th Nov

MONDAY

Cheese & Pepperoni Pizza Pasta (M)(G) or **Creamy Cheese Pasta (M)(G)** or **JP Cheese (M)** or **Tuna Mayo Wrap (F)(E)(Mus)(G)** and **Fruit & Yogurt (M)**

TUESDAY

Chicken Katsu Curry & Rice (M)(S) or **Vegetarian Katsu Curry & Rice (M)(S)** or **JP Tuna Mayo (E)(Mus)(F)** or **Cheese Sandwich (G)(S)(M)** and **Oat Cookies (O)(G)**

WEDNESDAY

Chicken Roast Dinner or **Broccoli Cheese Bake (M)** or **JP Tuna Mayo (F)(E)(Mus)** or **Ham Bap (G)(Ss)** and **Banana Whip (M)**

THURSDAY

Lasagne (M)(G) or **Mild Five Bean Lasagne (M)(G)** or **JP Cheese (M)** or **Tuna Sandwich (F)(E)(Mus)(G)(S)** and **Fruit Salad**

FRIDAY

Fish & Chips (G)(F) or **Quorn Sausage & Chips (G)** or **JP Beans** or **Cheese Wrap (M)(G)** and **Fruit & Yogurt (M)**

All main meals served with vegetables. Wholemeal bread available daily. Fresh Fruit can be ordered as an alternative to the pudding.

WEEK 2

W/b 7th Sept, 28th Sept, 19th Oct, 16th Nov, 7th Dec

MONDAY

BBQ Pulled Chicken & Rice (S) or **BBQ Vegetables, Chickpeas & Rice (S)** or **JP Cheese (M)** or **Tuna Mayo Bap (Ss)(F)(E)(Mus)(G)** and **Cheese & Crackers (G)(M)**

TUESDAY

Margherita Pizza (G)(M)(S)(E) or **Margherita Pizza (G)(M)(S)(E)** or **JP Tuna Mayo (Mus)(E)(F)** or **Chicken Wrap (G)** and **Fruit & Yogurt (M)**

WEDNESDAY

Chicken Roast Dinner or **Lentil & Vegetable Casserole (C)** or **JP Cheese (M)** or **Tuna Sandwich (G)(Mus)(E)(F)(S)** and **Chocolate Whip (M)**

THURSDAY

Chicken Goujons & Chips (G) or **Quorn Nuggets & Chips (G)** or **JP Tuna Mayo (Mus)(E)(F)** or **Ham Bap (G)(Ss)** and **Fruit Crumble & Custard (G)(M)**

FRIDAY

Salmon Fish Fingers & New Potatoes (F)(G) or **Veggie Fingers & New Potatoes (G)** or **JP Beans** or **Cheese Wrap (G)(M)** and **Fruit & Yogurt (M)**

WEEK 3

W/b 14th Sept, 5th Oct, 2nd Nov, 23rd Nov, 14th Dec

MONDAY

Cheese & Tomato Pasta (G)(M) or **Cheese & Tomato Pasta (M)(G)** or **JP Tuna Mayo (F)(E)(Mus)** or **Cheese Sandwich (G)(M)(S)** and **Lemon Shortbread Biscuit (G)**

TUESDAY

Cottage Pie (M) or **Cheesy Bean Pie (M)** or **JP Cheese (M)** or **Tuna Sandwich (G)(F)(E)(Mus)(S)** and **Fruit & Yogurt (M)**

WEDNESDAY

Chicken Roast Dinner or **Chargrilled Vegetable & Bean Bake (M)** or **JP Tuna Mayo (F)(Mus)(E)** or **Ham Bap (Ss)(G)** and **Strawberry Whip (M)**

THURSDAY

Hot Dog (G)(Ss)(Sul) or **Vegan Quorn Sausage Hot Dog (G)(Ss)** or **JP Cheese (M)** or **Tuna Mayo Wrap (G)(F)(E)(Mus)** and **Pears & Chocolate Custard (M)**

FRIDAY

Fish Fingers & Waffles (G)(F) or **Falafel & Chips (G)** or **JP Beans** or **Cheese Wrap (M)(G)** and **Fruit & Ice Cream (M)**



Allergens: Contains (N) Nuts; (P) Peanuts; (M) Milk; (S) Soya; (Mus) Mustard; (L) Lupin; (E) Eggs; (F) Fish; (SF) Shellfish; (G) Gluten; (SS) Sesame Seeds; (C) Celery; (Sul) Sulphur Dioxide or Sulphites; (Cru) Crustaceans; (Mol) Molluscs; (O) Oats